## WE CLAIM:

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- 1. A method of treating a mammal exhibiting congestive heart failure comprising administering to said mammal an effective amount of growth hormone.
- 2. The method of claim 1 wherein said growth hormone is human growth hormone.
- 3. The method of claim 1 wherein said mammal is human.
- 10 4. The method of claim 3 wherein said effective amount is in the range of 10-100 micrograms per kilogram of body weight per day.
  - 5. The method of claim 3 wherein said administering is subcutaneous or intravenous.
- 15 6. The method of claim 1 wherein said congestive heart failure results from myocardial infarction.